



Year 7/8 Cricket

Our Year 7 and 8 Boys Cricket travelled to Horsham to play in the Black ranges Cricket competition.

Game 1: Lost vs Horsham

We batted first and got 7/28 (Billy Jenkins with 6 runs). Horsham got 4/29 with 3 overs to spare.

Game 2: Win vs Warracknabeal

Warracknabeal batted first and got 3/46 from 12 overs. It came to the last ball from our innings to get 4/47 and win by 1 run (Wilh Mellors 13 runs).

Game 3 Lost vs Holy Trinity.

We batted first and got 2/25 in a modified 6 over match (Peter Fitzpatrick with 8 runs). Holy Trinity hit 2/26 with 4 balls to spare.

A great effort by all of the students!

Mr. Giovanniello

Head of Health and P.E.



Principal's Report

Resilient Ararat "Grow Happiness" Campaign

Last week Resilient Ararat launched their "Grow Happiness" campaign which our school has been an active partner in developing. Student leaders from a number of local schools worked together over a number of days to develop this campaign which aims to increase community awareness of positive mental health strategies and generate a conversation around wellbeing and resilience!

All of our students have been provided with a package of seeded postcards. Each postcard has a question which links to The Resilience Projects pillars of Gratitude, Empathy and Mindfulness. We would love to see students planting their seeds and starting conversations about this important topic both at home and within the community



Youth Wellbeing Officer

Next week we will welcome Taylah Middlemiss back to Ararat College. Taylah will be joining our Wellbeing Team in a Youth Wellbeing Officer role. We are very excited to have Taylah coming back to Ararat College and strengthening our wonderful Wellbeing Team!

Year 12's Last Day Next Week

Next week on Monday, will be the last day of formal classes for our Year 12 students! On Tuesday we will celebrate our Year 12's with a breakfast, special assembly and morning tea. We are very proud of the Year 12's and wish them well in their upcoming exams and the finalisation of the Senior School certificates. Thank you to Ms Murnane and Mr Dalziel for their organisation in ensuring our celebration of our 2023 cohort finishing their schooling is a success.

Year 7/8 Cricket

On Tuesday our Year 7/8 boys cricket team enjoyed some time in sunny Horsham competing in the Black Ranges Interschool competition. Thank you to Mr Giovanniello for supporting the team in participating and on the day and to Ms O'Sullivan for assisting with supervision. Congratulations to the team on coming away with a win on the day!

Grampians Fundraiser – World's Greatest Shave

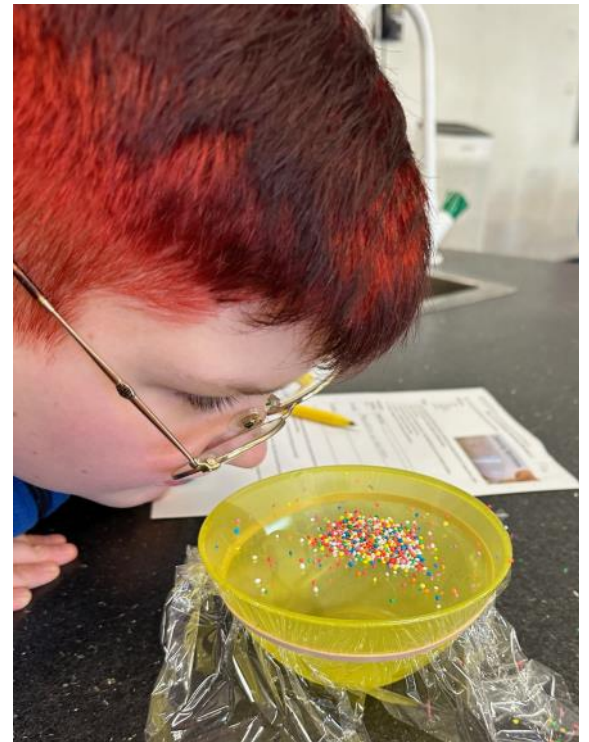
Today four of our senior students cut off their hair to raise money for cancer! Their long locks will be donated as well so that wigs for those who lose their hair can be made. A big round of applause to Abbey Bell, Bella Fiegert, Tyson Cartwright and Jordan Kneale for being such excellent sports. Thank you to Mr. Barrie for organising this fundraiser but also for joining in at the last moment to shave his head too!

Sound and Vibration Experiment

In Year 8 Science this term we have been looking at the properties of sound. In this lesson we considered how sound is transmitted. When a sound is made it's energy causes particles nearby to vibrate, these particles bump into other particles and the sound is passed along, or travels from it's source to our ears. The students pictured are 'humming' which in turn causes the sprinkles to 'dance.'

FACT: Particles in space are spread far apart and so sound can't travel giving truth to the old phrase 'In space no one can hear you scream!'

Ms. Ettles



Doctors in Secondary Schools Ararat College

Who can attend?

All students from
Year 7 to Year 12

How can I make an appointment?

See Emma Henry or drop in to the clinic during lunch and recess.

How much does it cost?

Nothing - it is free!

Do my parents have to know I have seen the doctor or nurse?

If the doctor considers you mature enough to be seen without your parents/carers, they will not be notified.

Can my parents/carers attend the appointment?

Of course, they can even make an appointment for you.

What can I talk to the doctor or nurse about?

- physical pain or issues
- health lifestyle (sleep, diet, nutrition, exercise)
- mental health
- sexual health and contraception
- sexuality and gender identity
- body image
- scripts

Clinic Hours

Fortnightly - Thursday's.
10.00am - 2.00pm

Have further questions?

Contact the clinic during session times and speak to the doctor/nurse.



Positive Behaviour Awards

Congratulations to Liana Hart, Isacc Kriss, Scarlett Sargent, Mikey Giovanniello and Meenu Shanmugalingm who received a Positive Behaviour Award at our recent assembly.

Students receive nominations for Positive Behaviour Awards when teachers or staff see them behaving in a way that aligns with our school values or respect, responsibility and excellence. All nominations are printed off before assembly and students' names are pulled from a hat.

Congratulations to everyone who was nominated.

Excellence

ARCH Abigail	10B	EVANS Harry	09B	MCADIE Stella	09G
ARCH Kiah	09B	FARRINGTON Eliza	10G	MELLORS Wilh	07G
ARMSTRONG Harlow	07R	FARRINGTON Lacey	08R	MERRICK Acacia	08R
BARRIE Connar	10B	FITZPATRICK Peter	07R	MORRISON Tiffany	08R
BEAL Joshua	10B	FLAVELL Aiden	12	MURPHY Diesel	07G
BELCHER Harry	10B	GARDINER Mia	09B	NAAWI Darnell	11V
BELCHER Lawson	07R	GIOVANNIELLO Mikey	12V	NORTH Charlotte	09G
BELCHER Patty	08R	HARRIS Amity	07R	O'HARA Ned	11V
BERG Willow	07R	HART Liana	08B	PFEIFER Archer	07R
BILLETT Milly	11V	HERBERT Kobe	09B	PURNELL Mary	08R
BOND Kade	08R	HOPE Luke	08R	PURNELL Richard	07R
BOXER Alex	08G			RETI Taimana	08R
BRADY Jake	11V	HUGHAN Charlotte	07R	REYNOLDS Oliver	08G
BRASSER Chloe	12	HUGHAN Siobhan	09B	RICHARDS Jas	11V
BROWN Declan	08R	HUMPHREY Maddy	08R	RICHARDS Shontai	08R
BURTON Jade	09G	JACKSON Lily	09G	ROBERTS Kaylee	08G
BURTON Jamie-Lee	09G	JARRETT April	07R	ROBINSON Connor	10O
CEPANEC Sabre	09B	JARRETT Rhys	09B	SARGENT Larni	08G
CLARK Ella	08G	JOHNSTONE Fletcher	08G	SAVOIA Daemon	09G
CLARKE Clare	12V	JONES Ashlyn	11O	SEWASTENKO Mikhiia	09B
CLARKE Summer	10G	JOSE Casey	07G	SEWASTENKO Roguen	07R
CLARKE Tyrone	08R	JOSE Chelsea	09G		
CLEARY Dylan	10B	KEILAR Milly	11O	SHANMUGALINGM	12
COAD Jett	08R	KEILAR Rhys	08G	SHEFFIELD Mia	11O
COOPER Jakobi	09G	KENNEDY Emma	08G	SMITH Kassandra	09G
COX Willow	10B	KERSS Sam	08R	STACEY Harry	08G
DAY Kieren	10B	KNIGHT Aylah	10G	STARICK Maxi	10O
DAY Marcus	10B	KRISS Isacc Benn	09B	STARICK Zabina	09B
DOWSETT Caitlyn	09G	KUR Zac	07G	TAYLOR Laeticia	12V
DOWSETT Hannah	08G	LATRONICO Bella	11V	TOWNSEND Alyssa	08G
		LOW David	11V	WEBBER Amellia	07R
EUSTACE-BROCK Jacob	07R	MCADIE Max	07R	WOODFINE Sienna	08G
EVANS Harry	09B	MCADIE Ryan	10O		

Respect

ARCH Abigail	10B	HARRIS Amity	07R	NAAWI Darnell	11V
ARMSTRONG Harlow	07R	HART Liana	08B	NORTH Charlotte	09G
BELCHER Lawson	07R	HUGHAN Siobhan	09B	O'HARA Ned	11V
BERG Willow	07R	HUMPHREY Maddy	08R	PURNELL Mary	08R
BILLETT Milly	11V	JARRETT April	07R	PURNELL Richard	07R
BOND Kade	08R	JOSE Casey	07G	REID Lily	08R
BRADY Jake	11V	KEITH Riley	09G	RETI Taimana	08R
BROWN Declan	08R	KERSS Sam	08R	RICHARDS Jas	11V
CAMILLERI Liv	07G	KUR Zac	07G	RICHARDS Shontai	08R
COAD Jett	08R	LATRONICO Bella	11V	SEWASTENKO Roguen	07R
EUSTACE-BROCK Jacob	07R	LOW David	11V	SHANMUGALINGM	12
FARRINGTON Eliza	10G	MCADIE Max	07R	SHERWELL Miami	08R
FARRINGTON Lacey	08R	MCADIE Stella	09G	STARICK Zabina	09B
FITZPATRICK Peter	07R	MERRICK Acacia	08R	WEBBER Amellia	07R
FLAVELL Aiden	12	MORRISON Tiffany	08R	YLSTRA Hunter	08R
GARDINER Mia	09B	MURPHY Diesel	07G		

Responsibility

AKUAR Dhieu	08G	COLEMAN Chloe	10B	HUMPHREY Maddy	08R
ARCH Abigail	10B	COOPER Jakobi	09G	HUMPHRIES Zac	10B
BARRIE Connor	10B	COX Willow	10B	JACKSON Lane	10G
BEAL Joshua	10B	DAWSON Molly	08B	JACKSON Lily	09G
BELCHER Harry	10B	DAWSON Tom	09B	JANTZEN Dylan	10G
BELCHER Lawson	07R	DAY Kieren	10B	JARRETT April	07R
BENSON Seb	09B	DAY Marcus	10B	JERRAM Marcus	12
BERG Willow	07R	DODGE Campbell	08R	JOHNSON Mackenzie	08B
BILLETT Milly	11V	DOWSETT Caitlyn	09G	JONES Ashlyn	11O
BOND Hudson	08B	EUSTACE-BROCK Jacob	07R	JOSE Casey	07G
BOND Kade	08R	FARRINGTON Eliza	10G	JOSE Chelsea	09G
BOWDEN Hunter	10B	FARRINGTON Lacey	08R	KERSS Sam	08R
BRADY Jake	11V	FIEGERT Bella	12	KNEALE Jordan	12
BRASSER Chloe	12	FITZPATRICK Peter	07R	KNIGHT Aylah	10G
BROWN Declan	08R	FLAVELL Aiden	12	KRISS Isacc Benn	09B
BURGER Liam	10B	GARDINER Mia	09B	KUMNICK Drew	07G
BURTON Jade	09G	GIOVANNIELLO Mikey	12V	KUR Zac	07G
BURTON Jamie-Lee	09G	GORANOVIC Gorica	12	LATRONICO Bella	11V
CAMILLERI Liv	07G			LAVERY Emma	12
CLARKE Lucas	09B			LEWIS Xavier	10G
CLARKE Summer	10G	GRAHAM-ROBERTSON	12	LOW David	11V
CLARKE Tyrone	08R	HARRIS Amity	07R	MACE Makayla	07G
CLEARY Dylan	10B	HART Liana	08B	MARR Jenae	12
COAD Jett	08R	HOLLIS Xavier	08R	MCADIE Max	07R
		HOPE Luke	08R		
		HULL Jye	08G		

MCADIE Ryan	10O	O'NEILL Eli	08R	SHANMUGALINGM	
MCADIE Stella	09G	PFEIFER Archer	07R	Meenu	12
MCKINNON Ethan	10O	PURNELL Mary	08R	SHERWELL Miami	08R
MCKINNON Owen	07G	PURNELL Richard	07R	SHERWELL Monique	11O
MELLORS Wilh	07G	REID Lily	08R	SHERWELL Olivia	11O
MERRICK Acacia	08R	RETI Taimana	08R	SMITH Justin	07R
MILL Braiden	12	RICHARDS Jas	11V	STARICK Maxi	10O
MORRISON Miranda	12V	RICHARDS Shontai	08R	STARICK Zabina	09B
MORRISON Tiffany	08R	RICKARD Willow	07B	TAYLOR Laeticia	12V
MOYLE Tamika	12	ROBERTSON Charlotte	08B	TONER Poppy	08B
NAAWI Darnell	11V	ROBINSON Connor	10O	TOWNSEND Caleb	10O
NORTH Charlotte	09G	SARGENT Scarlett	10G	WEBBER Amellia	07R
O'DONNELL Lilli	07G	SAVOIA Daemon	09G	WILSON Emilee	08B
O'HARA Ned	11V	SEWASTENKO Roguen	07R	WILSON Levi	08B
				YLSTRA Hunter	08R

Students work displayed at TAMA

These students had their work on exhibition at our local gallery, TAMA a few months ago. Their work was selected to be hung by the gallery staff and they were given a certificate at assembly along with their returned pieces. They should all be very proud of having had their artworks seen by many people, both local and visitors to our area.

Nicole Potter
Head of Arts



Ararat Fire Brigade Open Day



You are invited

28th October between 10am till 2pm
8 Tuson Street Ararat.

- Fire safety information
- Kids activities
- BBQ
- Volunteering information
- Training demonstrations

Contact: Community Safety officer Michelle
Turnham

Phone: 0428 628 395

OUR COMMUNITY • OUR CFA



cfa.vic.gov.au

Grampians Fundraiser—World's Greatest

We hosted our Grampians House Fundraiser today in the school gym. Four of our senior students took a leap of courage and agreed to cut their long locks to donate to charity. Both the money raised and the hair cut off will go to charity. This was such a fantastic fundraiser idea with an exceptionally worthy cause!



Jordan was particularly passionate about raising awareness for blood cancer. He hopes that by cutting off his very long hair he can inspire younger year levels to take action raise awareness for issues greater than themselves.

Abbey wanted to take part in the World's Greatest Shave because she wanted to donate her hair to someone who would appreciate it rather than have it end up in the bin.



Bella said she was moved to raise money for cancer not just for the people who are sick but for the families and friends who are also affected by the disease.

Tyson felt that donating his hair was the very least that he could do to help fund the research for cancer and help the cause.

Mr. Barrie joined in at the last minute, moved by school spirit and the importance of this fundraiser, he decided to let students shave his head too.



Students are pictured to the left after their hair was cut.

Thank you so much to Kira Stapleton, who used to work as a hairdresser, for agreeing to cut the students hair for them. Not only did their hair cut but it looks fantastic too! It really was a fantastic day for everyone who was involved in this fundraiser.



A big thankyou to Mr Barrie for organising this fantastic fundraiser for Grampians; also to Abbey, Jordan, Bella and Tyson for bravely agreeing to have their hair cut off for charity.

We hope this event has inspired other students in our school to take action for the cause and charities that are important to them.





LIVE THE OUTDOORS



Cave Hill Creek - Live The Outdoors
110 The Glut Road, Beaufort, VIC, 3373
Phone: 03 5349 7381
Email: info@cavehillcreek.com.au

Cave Hill Creek

At Cave Hill Creek we create experiences and lifelong memories, be it the fun of school camp, the adventure of an overnight hike, or the treasured place you were married! We are well known and highly respected for our innovative, quality, and fun programs, genuinely warm hospitality and stunning natural setting. Located on 40 stunning hectares surrounded by the Mt Cole State Forest, 15 minutes from Beaufort, Victoria. We're proud to share our little piece of paradise with our guests and help them create special lifelong memories no matter the occasion.

We do this by ensuring we're surrounded by awesome employees, supporting our team members to be their best at work, & encouraging everyone to love what they do in our little piece of paradise

So if you're passionate about going above and beyond for guests, making sure everyone enjoys their experience, and having fun along the way, we would love to hear from you.

Please submit your resume with two referees listed.

Trainee Activity Instructor 2024

Description

- Help organise, and learn how to lead fun and engaging outdoor adventure activities
- Create memorable experiences for children and guests
- Full time 12-month traineeship starting January 2024

As Cave Hill Creek's Trainee Activity Instructor, you'll be a passionate outdoors enthusiast, ready to share your love of outdoor recreation with our camp guests and keen to combine your work and study. This is a 12-month full-time traineeship position (38 hours per week) that allows you to earn while you learn by undertaking a Certificate IV in Outdoor Leadership.

Full training and ongoing mentoring and coaching will be provided to you. Hone your skills and experience in assisting our Outdoor Program team in supervising the health and welfare of a group of kids and engaging them in a range of structured activities on and off site, during the length of their stay. This could include activities such as abseiling, archery, canoeing, low ropes, bike riding and much more.

As well as supporting our team through the many activities at camp, you will also be required to lend a hand at meal times, assist with venue set up and the ongoing maintenance of equipment and grounds, along with the preparation for activities.

Each day will bring a variety of new opportunities by challenging guests to step out of their comfort zone and allowing them to achieve their potential. The highlight is capping each day off knowing you're the reason for happy memories, smiling faces and looks of pure enjoyment.



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At times you will have some late finishes and early starts and for this reason we do offer short stay accommodation onsite and most days you'll enjoy a free meal on us.

To set you up for success and support you through your traineeship we provide allocated time for your study. During your certificate you'll also enjoy 10 weeks of week-long field trips to complete your traineeship! At the end of the year, having achieved your Cert IV, you will be eligible for activity instructor and group leader roles.

Want to be part of the fun? Apply now via our website www.cavehillcreek.com.au/careers

Applications close Fri 10 Nov 2023, unless suitable candidates found earlier.

Please submit your resume with two referees listed.

Apprentice Chef

Description

As Cave Hill Creek's Apprentice Chef, you'll have a passion for food, ready to unleash your creativity with a flair for flavour and ingredients while combining your work and study. This is a 3-year full-time apprenticeship position (38 hours per week) that allows you to earn while you learn by undertaking a Certificate III in Commercial Cookery. We would also love to hear from any Second and Third Year apprentices who are looking for a change of scenery and who want to build on their foundation and skills alongside our accomplished chefs in a unique environment.

Full training along with ongoing mentoring and coaching will be provided to you. You'll have the chance to hone your skills and experience by assisting our Catering and Housekeeping team to provide a clean and comfortable venue, serving up tasty and nutritious meals to our guests to ensure that they have an exceptional stay.

You will work alongside our fabulous four in the kitchen creating, prepping and cooking a variety of meals/dishes to feed guests from scones to canapes. This includes planning weekly menus, providing acceptable meal alternatives for guests with dietary needs and maintaining food health and safety standards. Whether they're attending school and holiday camps, weddings and functions, or retreats and expeditions, you'll get satisfaction from seeing someone devour your culinary creation.

Your role will also extend beyond the confines of the kitchen by lending a hand at meal times to serve food and drinks, helping to prepare dining areas, function spaces and accommodation ready for guest service, entertainment and stays no matter what day of the week.

Cave Hill Creek will provide you with all the ingredients you need to succeed and support you through your apprenticeship with allocated time for your study and most days you'll enjoy a free meal on us.

Want to see what you can create in our kitchen?

Apply now via our website www.cavehillcreek.com.au/careers

To apply, please submit your resume with two referees listed.

Term 4 2023

	Monday	16	
		17	Year 12's Last Day
		18	Lower Glenelg Camp
		19	Lower Glenelg Camp
		20	Lower Glenelg Camp
	Monday	23	Year 8 QLD Camp
		24	Year 8 QLD Camp
		25	Year 8 QLD Camp
		26	Year 8 QLD Camp
		27	
	Monday	30	
		31	
November		1	
		2	
		3	

Rapid Antigen Tests (RAT's)

Ararat College still has RAT tests available from the front office. With flu season upon us, please come into the office to pick up a box or two of RAT tests. Our office hours are 8:15am to 4:30pm. Please call the office on 5352 4177 if you have any questions.



Even though Spring has arrived we are still seeing some very cold days. We would like to remind parents and students that hoodies are unacceptable attire and are not permitted to be worn at school unless it is a specified 'out of uniform day'.

Any student who is wearing a hoodie will be asked to remove it and will be issued with a school polar fleece to wear for the day.

If you need assistance to provide your child with the correct uniform, or you are experiencing financial difficulties, please do not hesitate to contact the college office who will happily assist you.